

What's Up?

(What's up?) מה העניינים September 16, 2010
(Ma Ha-inyanim?) 8 Tishre 5771

Important Dates:

<i>Friday, September 17</i>	<i>Katy & Mor's class lead Shabbat</i>
<i>Friday, September 17</i>	<i>Erev Yom Kippur, NO SCHOOL NO HOT LUNCH, 12:45pm DISMISSAL</i>
<i>Thursday, September 23</i>	<i>Sukkot Day 1, NO SCHOOL</i>
<i>Friday, September 24</i>	<i>Sukkot Day 2, NO SCHOOL</i>
<i>Thursday, September 30</i>	<i>Shemini Atzeret, NO SCHOOL</i>
<i>Friday, October 1</i>	<i>Simchat Torah, NO SCHOOL</i>

Dear Parents,

We encourage you to contact the ECC office when your child is home ill or not attending school. We also ask that if your child has any communicable disease such as flu, strep, etc. you let the office know as soon as possible. This information is required by Texas State Licensing and is helpful to your child's teacher and ECC staff.

Please contact Gail at 972-248-3032 ext. 116 or email [grobinson @ levineacademy.org](mailto:grobinson@levineacademy.org)



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972-248-3032 phone
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JEWISH STUDIES...



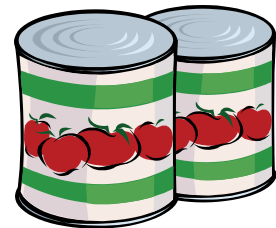
We hope you enjoyed a happy and healthy Rosh Hashanah! Don't forget to send in your child's apple to hang on our Jewish Holiday Board! We look forward to hearing all about the wonderful ways your family celebrated the Jewish New Year!

We had a buzzingly good time learning all about bees on Wednesday! The children enjoyed hearing about the many interesting aspects of bee keeping! They especially liked watching the bees buzz around their enclosed home. Ask your child all about this special presentation.

Helping children understand the moral obligation to help others and engage in mitzvot is a fundamental reason to establish a Mitzvah/Tzedakah program in the early childhood setting. We believe that children learn best when they have the opportunity to have hands on experiences. The Mitzvah Mensch Program, provides the children in our 3 year old and Pre-K classes the chance to lead one of our seven school-wide Mitzvah/Tzedakah projects. A canned food drive in honor of the holiday of Sukkot will serve as our first project of the 2010-2011 School Year. We will begin collecting food on Friday, September 18th and end our project on Friday, October 8th . The food collected will be donated to The Jewish Family Service. Dafna and Sandra's Pre-K class will be the leaders of this important project. They will have the opportunity to find ways to publicize it to our entire school. They will also have the chance to sort and count the donations before they are delivered. We will keep you updated as this project develops over the next few weeks!

Join us on Wednesday, September 29th for our annual Simchat Torah Celebration! The Rabbi along with students from our middle school, will unroll the Torah as we sing and parade! It will be a very joyous day for all! Our celebration will take place in Beit Aryeh at 9:45!

L'Shanah Tovah Tikatayvu,
Alyse Eisenberg & Suzanne Subel



A WORD FROM OUR COUNSELOR...

As you know, we have started the *Second Step* program in your child's class. Our first unit is about learning to identify our own and others' feelings, and we will also practice how to show care to others. Together, these skills are called *empathy*.

We are starting with learning how to use clues to identify how someone else is feeling. The children are learning that faces, bodies, and what is happening are all clues that they can use. They are learning to identify important feelings and their "feelings words": *happy, sad, angry, scared, surprised, and disgusted*. Ask your child to make these faces for you.

Learning to use clues to figure out how someone else is feeling is one step in developing empathy for other people. Here are some fun things you can do at home to help your child learn to recognize others' feelings:

- When you are reading a storybook together, look carefully at the pictures and ask your child to figure out how the characters are feeling. Talk about what is happening in the story and how that too is a clue to how someone is feeling. (This exercise also helps build a child's early reading skills.)
- When watching movies, watch the faces and ask your child how the characters are feeling. To make it more fun, you could turn off the sound and just watch the faces and bodies.
- Cut out photos of people's faces from magazines. Glue them to a piece of paper. Talk about different feelings shown.
- Share your feelings with your child so that he or she can see your face and hear your words describing the feelings. This is an important way for children to learn. Don't be afraid to use big words like *frustrated, disappointed, and confused*. These are all feelings your child has, and it helps to be able to name them.

Your child is learning a song about feelings. Ask him or her to sing it for you. If you have any questions please don't hesitate to ask.

Sincerely,
Andy Blum LCSW
ECC- Lower School Counselor

P.E. TIPS FROM COACH RHONDA

ECC PHYSICAL EDUCATION

What a great start to the 2010/2011 school year! This newsletter will inform you of all the awesome skills your child is being exposed to during Physical Education. Each PowerPhysED experience is age appropriate and includes cardiovascular training, resistance training, flexibility training, lots of sports, active games and obstacle courses. We are learning to challenge ourselves. As new challenges need to be posed, different types of training are added. Parents can support our efforts by promoting being active at home and encouraging healthy snacks. My goal for each child is to work hard and have fun!. I am al-

DID YOU KNOW??

- You have 206 bones in your body!
- It takes less muscles to smile than to frown!
Keep Smiling!

**DO NOT
FORGET
TO WEAR
YOUR
ATHLETIC**

FITNESS HOMEWORK FAMILY FITNESS WORKOUT

- * Practice push-ups and sit-ups with your family. How many can you do in 1 minute?
- * Make your own backyard obstacle course. Time each family member and try to improve your time each turn you take.
- * Have a dance marathon.
- * Go out in the yard or take a trip to a park with your favorite ball. Work on all your new skills.

**GO LEVINE
STALLIONS**

1ST TRIMESTER STRENGTH & CONDITIONING

- Chin Holds on bar
- Donkey Kicks
- Wind Sprints (Running)

1ST TRIMESTER SPORTS SKILLS

- Soccer
- Basketball
- Throwing Accuracy
- Tumbling
- Football
- Baseball

1ST TRIMESTER MOTOR SKILLS

- Galloping
- Jumping with 2 feet
- Hooping on 1 foot
- Skipping
- Sequencing up to 4 skills
- Balancing
- Throw/Catch/Kick
- Changing Direction

1ST TRIMESTER SPORTSMANSHIP

- Listening Skills
- Confidence
- Self Esteem
- Following Directions

**Jewish Family Service
Speech and Language Therapy**

Dear Families,

Jewish Family Service will be conducting speech and language screenings at Levine Academy on _____. The cost is \$12.00. Two weeks after the screening you will receive information about your child's performance.

If you would like your child to participate in these screenings, return the completed permission slip to your director, along with your check for \$12.00, made out to Jewish Family Service. If you should have any questions or concerns, please contact Sheryl B. Ambers, M.S., CCC-SLP (sambers@jfsdallas.org) after 8/25/10.

Sincerely,

Sheryl B. Ambers, M.S., CCC-SLP
Speech-Language Pathologist
Jewish Family Service

Child's Name: _____

Child's Date of Birth: _____

Child's Teacher: _____

Classroom Number: _____

Parent's/Guardian's Names: _____

Parent's/Guardian's Phone Number: _____

Parent's/Guardian's e-mail: _____

Concerns regarding my child's speech and or language include:

